

STUART D. PATTERSON, MD, FRCSC, FAAOS

About CFOSA

Central Florida Orthopaedic Surgery Associates is a subspecialty practice confined to disorders of the adult and pediatric upper limb, including the shoulder, elbow, wrist and hand. This encompasses fractures, dislocations, carpal tunnel syndrome, tendon and ligament injuries, infections, tumors, vascular disorders, replacement and reconstruction of the arthritic shoulder, elbow, wrist and hand, trauma, microsurgery, peripheral nerve surgery and congenital hand surgery.

I provide a tertiary care practice for adult and pediatric patients with complex upper extremity disorders. This includes tendon transfers for irreparable rotator cuff tears, reverse total shoulder arthroplasty for rotator cuff deficient arthritic shoulders, revision shoulder and elbow arthroplasty, osteotomies for intra and extra-articular malunions, elbow interposition and distraction arthroplasty, internal fixation of complex intra-articular fractures and microsurgical reconstruction of the injured upper limb. Electrodiagnostic testing and radiology services are provided in my Lakeland office.

Education

I obtained my Doctor of Medicine degree from the University of Cape Town Medical School in 1981, In 1982 I completed a one year rotating internship at the University of Natal, South Africa. Following my internship, I worked overseas, including 6 months in the Emergency Room at St. Bartholomews Hospital, London, 3 months as a General Surgical Intern in Reading, England and 5 months as a family physician in Newfoundland, Canada. In July 1994, I returned to the University of Natal as a resident in the Surgical Trauma Unit. In July 1995, I entered the Orthopaedic Surgery Residency Programme, McMaster University, Ontario, Canada. I obtained my Certification in Orthopaedic Surgery from the Royal College of Surgeons of Canada in 1989 and became an Upper Extremity Fellow with Dr. Robin Richards at St. Michaels Hospital, University of Toronto in July 1989. Following this year of training, I completed a one year Hand and Microsurgery Fellowship at the University of South Florida and the Shriners Hospital for Children, Tampa. I spent September 1991 with Dr. Bernard Morrey at the Mayo Clinic, Rochester, MN, for additional training in elbow reconstructive surgery. In October 1991 I accepted a full time academic appointment at the University of Western Ontario, London, Canada, as an Assistant Professor of Orthopaedic Surgery in the Hand and Upper Limb Centre. In January 1999, I accepted a Hand Surgery position with the Bond

Clinic, PA in Winter Haven. I established my independent practice, Central Florida Orthopaedic Surgery Associates, in January 2004.

Certifications

I am Board Certified by the American Board of Orthopaedic Surgery (1998). I have over 150 presentations at local, regional, national and international meetings. I have authored or co-authored thirty-five peer reviewed journal articles. I am a co-developer of elbow (EVOLVE™), shoulder (OLYMPIA™) and wrist (E-CENTRIX™) prostheses for Wright Medical Technology Inc.

Hand Therapy & Rehabilitation

My practice has an experienced certified hand therapist in my office who is available to patients Monday through Friday. For those patients who need to travel from a distance to see me, I collaborate with qualified therapists in Polk, Osceola, Hillsborough and Highlands Counties. Heart of Florida Regional Medical Center has two hand therapists that provide hand therapy services to my patients in the Four Corners Region.

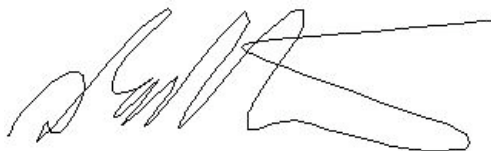
Practice & Insurance Information

I am usually available to see patients either the same or next day for urgent problems. I am available to you should you have a question regarding a patient or a clinical problem. I accept most major insurance contracts, including Medicare, United, BCBS, Health Options, Aetna, Florida 1st, Cigna, BeechStreet, SouthCare, Heritage, Humana, AvMed, Citrus, First Health, Great West, CCN, PHCS, Amerigroup, Staywell, HealthEase, Medipass, Universal, Auto and Worker's Compensation. I am available to see patients Monday through Friday. My office is located at Suite 112, 2000 East Edgewood Drive, Lakeland, FL 33803-3639. Tel: (863) 666-3436 Fax: (863) 667-3550

Hospital Affiliations

I perform major inpatient surgery at Heart of Florida Regional Medical Center and outpatient surgery at the Lakeland Surgi-Center. I also have admitting privileges at Lake Wales Medical Center.

I look forward to helping you in the care of your patients.



Stuart D. Patterson, MD